

Where can you find the very best hikes, bikes, paddles, and outdoor adventures in the Finger Lakes?



[gofingerlakes.org](http://gofingerlakes.org)

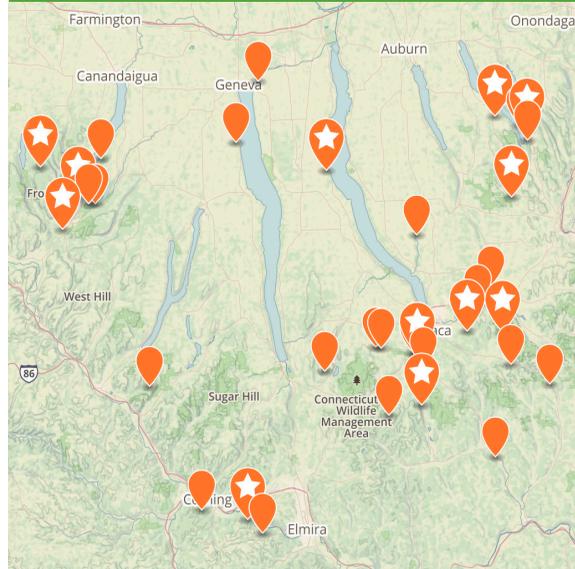
"Go Finger Lakes" is a mobile-ready web site with an interactive map showing over 600 miles of trails. It is a free public service of the Finger Lakes Land Trust promoting conservation and recreation.



**GOFINGERLAKES™**  
FINGER LAKES LAND TRUST

**FLLT.ORG/MAP**

Discover over 35 free nature preserves of the Finger Lakes Land Trust



**WE NEED YOU!**

Help us save more land and water by donating and volunteering



**GIVE & JOIN**  
[FLLT.ORG/GIVE](http://FLLT.ORG/GIVE)



**VOLUNTEER**  
[FLLT.ORG/VOL](http://FLLT.ORG/VOL)



To conserve forever the lands and waters of the Finger Lakes region, ensuring scenic vistas, local foods, clean waters, and wild places for everyone.

The Finger Lakes Land Trust is a nonprofit conservation organization working across a 12-county region in Central New York. We have worked cooperatively with landowners and partners to permanently protect over 27,000 acres of treasured natural areas and scenic farmlands. The Land Trust owns and manages more than 45 conservation areas that are open to the public for quiet recreation. We hold over 150 easements on protected lands that remain in private ownership. FLLT is supported by members, and you can help us save more land.

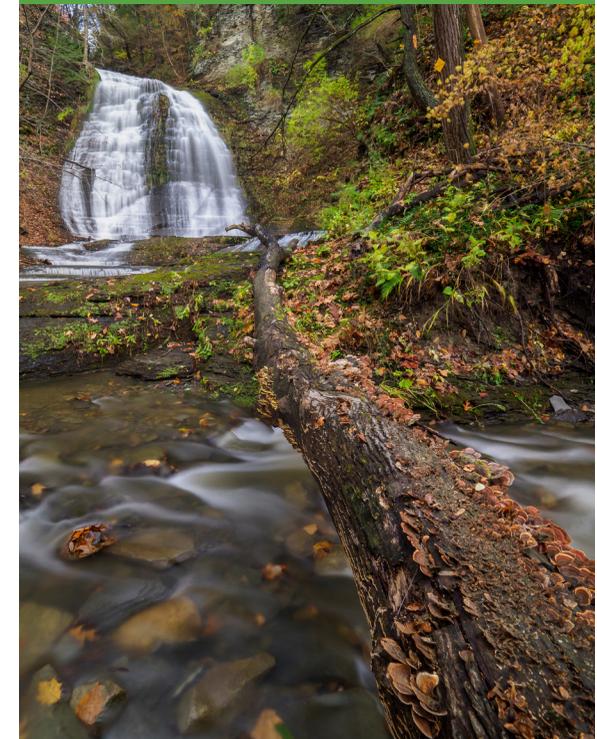
**FINGER LAKES LAND TRUST**

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[flft.org](http://flft.org) /[facebook](https://www.facebook.com/flft) /[instagram](https://www.instagram.com/flft) /[twitter](https://twitter.com/flft)  
(607) 275-9487

## SWEEDLER & THAYER PRESERVES

ITHACA, NY

**MAP & GUIDE**



**CONSERVED FOREVER  
OPEN TO ALL**

[FLLT.ORG/SWEEDLER](http://FLLT.ORG/SWEEDLER)



 **Acreage:** 155 acres

 **County:** Tompkins

 **Trails:** 2.0 miles

The Finger Lakes Land Trust protects over 5,000 feet bordering Lick Brook; trails along the gorge rim provide a vigorous hike and dramatic examples of the area's geologic history and ecological systems.

### NATURAL HISTORY

The scouring effects of the last glaciers can be seen in the multiple waterfalls that splash down along Lick Brook on its journey to Cayuga Lake, including one that is nearly 140 feet tall. Perpetual protection of this area allows ample opportunity for hiking, including access to Buttermilk Falls State Park via a spur of the Finger Lakes Trail, while protecting the water quality of Cayuga Lake.

### HISTORY

In 1993, the Finger Lakes Land Trust purchased 128 acres from Moss and Kristin Sweedler, creating the Sweedler Preserve at Lick Brook. In February 2011, the Thayer family donated 20 acres which, combined with an adjacent seven-acre parcel acquired by the Land Trust in 2008, now comprise the William J. and Marjory L. Thayer Preserve.

#### ACTIVITIES

Hiking  
Running  
Birdwatching

#### DOGS

Keep your dog leashed and under control at all times

#### HOURS

Open dawn to dusk all year, except January special deer season – see [fllt.org/sweedler](http://fllt.org/sweedler)

#### POLICIES

See [fllt.org/policies](http://fllt.org/policies)

#### LEARN MORE

See [fllt.org/sweedler](http://fllt.org/sweedler) for history, photos, and an interactive map.

PHOTOS: (COVER) CHRIS RAY, (L) NIGEL KENT, (R) CHRIS RAY

